**Forced Feelings**  
**By Areej Rodrigo**

How do you write without it seeming all contrived and fake?  
If I'm writing with fake feelings, then what difference does it make?  
Rhyming couplets and rhythmic patterns,  
Oh it's not planned, it just sort of happens  
Give me a break, you can't be that gifted  
The thoughts that you think are not joint but drifted.  
A thousand-piece puzzle would definitely be easier,  
Fitting these words is not something for leisure.  
Let me lay in my bed and do some thinking,  
Maybe this would be easier if I'd been drinking  
But forced words and forced thoughts may not be what I need,  
I need the energy and feelings my writing should feed,  
So let me adventure and free my soul  
Even if heartbreak is not my goal.  
I can mend through poetry and stories and song,  
Then maybe it'll seem as though nothing is wrong  
Cause to write is to express your innermost feelings,  
And through this process you will do much healing  
So write when you feel and don't let it be forced,  
Otherwise you'll end up feeling the utmost remorse.